



# Crisis, Information & Referral Line

## Mental Health and Substance Use

# 410-433-5175

**We are always open and waiting for your call — 24/7**  
**For men, women & children - with or without insurance**

### **Crisis**

- Call us if you have an urgent need for mental health or substance use treatment
- Someone you can trust will help you over the phone or in person

### **Information**

- Find out how to get free medicine to stop an overdose from heroin or painkillers
- Learn where to find medical care and other resources

### **Referral**

- Get into detox or rehab
- Find mental health treatment
- If you are calling about someone else, they must be with you when you call